

## EVENT INFORMATION

### Clay Center, Kansas Friday, June 8, 2018

SC-110952

#### Map Guided Night Walk Distance: 5km/10/11 km

**Location:** This late afternoon walk event will start/finish in Dexter Park, 6<sup>th</sup> & Grant Streets in Clay Center, Kansas. This Kansas community is located 38 miles west of Manhattan via US 24 or 36 miles north of Abilene/I-70 via Ks 15. Coming into town on US 24, turn south on Ks 15 & go 5 blocks to the park. Dexter Park will be on right if coming into Clay Center on Ks 15.

**Start/Finish:** Start between 3:00-7:00p.m. & finish by 8:30 p.m.

**Course:** This event will be on paved roads & streets going through shaded, residential areas of Clay Center as well as the main commercial area of the town. Several parks & Utility Zoo will be on the course. Restrooms will be limited. Trail rating: 1-A

Several water stops will be available for the walkers on the trails for these events. Feel free to bring your water containers. Pets are welcomed to take part with their masters but please consider the heat and humidity of Kansas' summertime weather.

### Wamego, Kansas Saturday, June 9, 2018

SC-110953

#### Map Guided Walk Distance: 5km/ 10 km

**Location:** The walk event will start/finish in City Park, 0.7 mile south of US 24 in Wamego, Kansas. Coming into Wamego on US 24, turn south on Ks 99(Lincoln Avenue). From Ks 99, turn east on 6<sup>th</sup> Street and go 2 blocks to the Depot Shelter House. Wamego is 16 miles east of Manhattan via US 24; 40 miles west of Topeka via I-70 & Ks 99.

**Start/Finish:** Start between 8:00-10:30a.m. & finish by 12:00 p.m. Allow yourself enough time to visit local attractions in town and the Wamego Historical Museum.

**Course:** The route will lead through shaded, residential areas of Wamego along with the business buildings of downtown. The 10km course will have a few more hills than the 5km, and will have more open areas being in full sun. Trail rating: 2-A, 10km; 1-A, 5km

### Alma, Kansas Saturday, June 9, 2018

SC-110954

#### Map Guided Walk Distance: 5km/10 km

**Location:** This afternoon walking event will start in Alma's City Park. The Park is located at East 4<sup>th</sup> & Ohio. Alma is 13 miles south of Wamego via Ks 99. Follow Ks 99 into Alma. The highway will turn west & then make a left turn onto Missouri Street. Go south on Missouri St. to East 4<sup>th</sup> Street. Turn left (east) on 4<sup>th</sup> to City Park. The start/finish area will be located on the Ohio Street side of the Park.

**Start/Finish:** Start between 1:30-3:30p.m. & finish by 5:30p.m.

**Course:** The walking trail will lead through the shaded, residential area of Alma as well as the historic downtown area. Trail rating: 1-A

### Alma, Kansas Saturday, June 9, 2018 SC-110955, 110956, 110957

#### 3 Day Swims Distance: 300 meters @

**Location:** The swim events will take place in the Alma City Park Pool Complex, East 3<sup>rd</sup> & Ohio Streets, adjacent to the walk event start/finish area. Pool entrance on East 3<sup>rd</sup> Street side. There will be a usage fee payable the at pool entrance.

**Start/Finish:** Start between 2:30-4:30 & finish by 5:45p.m.

### Holton, Kansas Sunday, June 10, 2018

SC-110958

#### Map Guided Walk Distance: 5km/ 10 km

**Location:** This walk event will start/finish in the Holton Super 8, 300 Arizona Avenue/US 75. Holton is 63 miles from Alma via I-70 & US 75; 30 miles north of Topeka.

**Start/Finish:** Start between 8:15-10:30a.m. & finish by 12:00 p.m.

**Course:** Both walking trails will include the historic downtown square of Holton besides residential areas featuring some stately homes and some state-named streets. The 10km course will have a few more hills than the 5km, and will have more open areas being in full sun. Trail rating: 1-A

### Valley Falls, Kansas Sunday, June 10, 2018

SC-110959

#### Map Guided Walk Distance: 5km/ 10 km

**Location:** The walk event will start/finish at the shelter house in Valley Falls City Park. Coming from the west on Ks 16, turn left on Frasier Street. The Park will be on the right about 4 blocks to the north. Restrooms will be available in the shelter house. Valley Falls is 22 miles southeast of Holton via Ks 166E/Ks 16 (E/W 4<sup>th</sup> Street in Holton).

**Start/Finish:** Start between 12:00-2:00p.m. & finish by 4:00p.m.

**Course:** The trails will lead through the residential areas of Valley Falls & the downtown business district including the History Museum. Stroll through the Valley Falls Cemetery with a new military display courtesy of the local VFW, and travel through time at the Cemetery of the Lone Tree Pioneer Cemetery, circa 1855. A small town with so much history to offer visitors.

### Valley Falls, Kansas Sunday, June 10, 2018 SC-110960, 110961, 110962

#### 3 Day Swims Distance: 300 meters @

**Location:** The swim events will be at the newly built Valley Falls Pool at Delaware Point (outdoor pool complex) at 407 Francis Street. The complex is 3 blocks east & 2 blocks south from the City Park. Registration for the swims will be at City Park. A usage fee will be payable at the pool entrance.

**Start/Finish:** Start between 2:00-3:30pm & finish by 4:30p.m.

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After the events stop at the...

*Crooked Post Winery*

Wood fired pizzas, snacks, Kansas craft  
beers & of course homegrown wines  
Local musical entertainment

7397 Ks 92  
Ozawkie, Kansas  
A 15 minute drive from Valley Falls –  
South on Ks 4 then east on Ks 92

**PARTICIPANT INFORMATION**

**Guided Walk:** These walking events will be map guided. Participants will be given directions with written descriptions and a map. Tape markers will be used as needed. These walk events will be CANCELLED if there is severe weather and/or dangerous walking conditions. Event credit will be given to those present.

**Swims:** These events will be in community pools. Bring your own towels and appropriate swim attire. The pools will be shared with the community members. Each swimmer will be responsible for paying their pool fees. These swim events will be CANCELLED if there is severe weather and/or dangerous swimming conditions. Event credit will be given to those present.

**Eligibility:** Anyone is welcome to take part. Family participation is encouraged. An adult must accompany children under the legal age. Signing the AVA liability waiver is required of all participants.

**Registration:** IVV Credit Only will be \$3.00 per event. Fun walkers are encouraged to pay \$1.50 to help with operational costs. Failure to show does not justify return of pre-registration fees. Past awards will be available at various costs. IVV Record Books may be purchased for \$6.00 each.

**Courses:** All of the walking trails will lead through shaded, residential areas as well as the downtown area of each Kansas town. Walking surfaces will be city sidewalks & streets on fairly flat terrain. There will be some hills especially in Marysville & Troy.

**Special Programs:** A list of all qualifying AVA Special Programs will be available to participants at the Start area. Each event will qualify for numerous programs.

**Disclaimer:** The American Volkssport Association and the Sunflower Sod Stompers and their officers, members, and agents shall not be liable or responsible for, and shall be saved and held harmless for and against any and all claims and damages of every kind, for injury to or death of any person or persons and for damage to or loss of property arising out of or attributable to the operators or events conducted by the AVA.

**More Information:** Trudy Duffman 618-670-6920 at [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com) or Terri Tyler 785-817-6333 [tilyler50@gmail.com](mailto:tilyler50@gmail.com) Please leave call-back numbers.

After a day of volkssporting, let us all get together and enjoy dinner at:

**PUFFY'S STEAK & ICE HOUSE**

COME AND EXPERIENCE ONE OF THE FINEST DINING ESTABLISHMENTS IN THE TOPEKA AREA. PUFFY'S FEATURES USDA PRIME BEEF AND OTHER LOCAL FAVORITES. THE FRIENDLY STAFF MAKE IT AN ENJOYABLE MEAL IN A COMFORTABLE ATMOSPHERE. THE RESTAURANT OFFERS A SELECTION OF BEERS AND WINES! PUFFY'S ISN'T FANCY ON THE OUTSIDE BUT DOES PROVIDE GOOD FOOD IN A KANSAS SMALL-TOWN COMMUNITY. NO NEED TO CHANGE YOUR DUDS AFTER VOLKSSPORTING. COME AS YOU ARE!

DINNER IS SCHEDULED FOR **6:00P.M.** SO EVERYONE CAN TAKE PART IN ALL OF THE EVENTS. THE MEAL COST IS **\$21.00@** WHICH INCLUDES MEAL, BEVERAGE, TAX/TIP. PLEASE INCLUDE PAYMENT ON THE PRE-REGISTRATION FORM. BAR DRINKS ARE PAID INDIVIDUALLY. LATE DECIDERS ARE WELCOME TO JOIN IN! PRICE BASED ON MEAL CHOICES OF:

10OZ. PRIME RIB, 8OZ. SIRLOIN, 6OZ. FILET

**Come on and join us!**

The Sunflower Sod Stompers have rooms blocked for their volkssporting friends at the following:

US 24 & LILAC LANE  
WAMEGO, KANSAS  
785-458-8888

SPECIAL RATE: \$97.06/NIGHT WHICH INCLUDES BREAKFAST

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300 Arizona Avenue / US 75  
Holton, Kansas  
785-364-1988

**\$73.86 inclusive per night with lite breakfast**  
A \$5.00/person fee is charged with more than 2 guests / room

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When calling for your motel for reservation, mention the block name (Sunflower Sod Stompers) and reserve your room under your name & your method of payment. If you need to cancel the room for any reason, please do so before 6:00p.m. the night of your planned arrival to avoid being charged.

**Call for your rooms ASAP; rooms will be released!**

Other locations are the Sod Stompers YRE hosts:  
Holiday Inn Express-Manhattan ■ Ramada-Topeka  
785-320-7454 785-234-5400

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**PRE-REGISTRATION**

Registration Information — Please print—Form for each person

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell phone: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Emergency contact name: \_\_\_\_\_

Phone: \_\_\_\_\_

Clay Center Walk: IVV Credit: \$3.00 \_\_\_\_\_ Fun Walker: \$1.50 \_\_\_\_\_

Wamego Walk: IVV Credit: \$3.00 \_\_\_\_\_ Fun Walker: \$1.50 \_\_\_\_\_

Alma Walk: IVV Credit: \$3.00 \_\_\_\_\_ Fun Walker: \$1.50 \_\_\_\_\_

Holton Walk: IVV Credit: \$3.00 \_\_\_\_\_ Fun Walker: \$1.50 \_\_\_\_\_

Valley Falls Walk: IVV Credit: \$3.00 \_\_\_\_\_ Fun Walker: \$1.50 \_\_\_\_\_

Alma Swims: IVV Credit: \$3.00@ #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_

Valley Falls Swims: IVV Credit: \$3.00@ #1 \_\_\_\_\_ #2 \_\_\_\_\_ #3 \_\_\_\_\_

Saturday Night Get Together in Alma Yes \_\_\_\_\_ No \_\_\_\_\_

Advertised meal cost per person: \$21.00 \_\_\_\_\_

16oz Prime Rib or 8oz. Filet /person: \$31.35 \_\_\_\_\_

Donation for our Not-for-profit organizations: \_\_\_\_\_

Total enclosed: \_\_\_\_\_

Mail this filled-in form along with your check made payable to the Sunflower Sod Stompers to the address below.

Sunflower Sod Stompers  
P.O. Box 2576  
Topeka, Kansas 66601-2576

**Remember to mark your calendars for the South Central Regional Round Up – October 12, 13, 14**