

OKLAHOMA VOLKSSPORTING CLUBS 8 EVENTS in 2 DAYS

6 SWIM EVENTS

Friday and Saturday, May 19 – 20, 2017

NIGHT SWIM (ID 107830), **NIGHT SWIM** (ID 107832)
And Night Swim (ID 107834) IVV Credit Only
(Each swim event may be done twice,
for 2 event stamps or a total of 6 swim events)

Broken Arrow, OK

3 PM TO 8 PM (heated indoor pool)

Host Club: World Wide Walkers

Hampton Inn Broken Arrow 2300 W. Albany St.

Driving Directions: Going East or West on Broken Arrow Expwy (OK Hwy 51) exit at 145th East Ave. Turn South onto 145th East Ave. West Albany St. is 2 short blocks. Hampton Inn is behind Quik Trip on your right.

Contact: Kenneth Miles 918.745.0212 or mileskg@sbcglobal.net

2 WALK EVENTS

Both on Saturday, May 20, 2017

SPECIAL PROGRAMS GALORE!!!!

5K/10K WALK (Event ID 107771) IVV Credit Only

Tahlequah, OK (Cherokee County)

9:00AM to Noon, finish by 3:00PM

Host Club: Wandergruppe Walking Club

Start Point: **Floyd H. Norris Park** Gazebo, 400 N. Muskogee Ave, Tahlequah, OK. Gazebo is at the corner of Muskogee Ave. and Spring St.

Driving Directions: From Muskogee take US Hwy 62 which turns into Muskogee Ave. From Broken Arrow take Broken Arrow Expwy East (OK Hwy 51), take exit 13 for OK 51 toward Wagoner, turn Right on S Dewey Ave (US Hwy 69), turn Left on SW 15th St(OK Hwy 51), continue to Tahlequah, turn left on N Muskogee Ave, turn Right on Spring St.

Restrooms: Available, and pets are allowed on walk.

Route is rated: 2B due to some hills that may make it difficult for strollers and wheelchairs.

Special Programs Credit: Alternative Capitals, Bridges-Spanning the USA, Doin' The Louisiana Purchase, Honoring Our Flag, Lady

Liberty, Make a Wish at a Water Fountain, Take a Walk in a City Park, Trekking With the Trees, Walk the USA-Street by Street, Walking the USA A-Z, and You'll Never Walk Alone. A listing of which walk qualifies for special programs will be at the start/finish table.

In 1839, Tahlequah was designated the capital of both the Cherokee Nation and the United Keetoowah Band of Cherokee Indians. The Cherokee Supreme Court Building constructed in 1844 is the oldest public building in Oklahoma. Along the route you will see several street signs and business signs in both the Cherokee language and English.

Contact: Myrna Fountain 405.664.8552 or foun11517@aol.com

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5K/10K WALK (Event ID 107537) IVV Credit Only

Muskogee, OK (Noble County)

11:00AM to 2:00PM, finish by 5:00PM

Host Club: Tulsa Walking Club

Start Point: **Spaulding Park** Scout House - Corner of "K" Street & Dorchester, Muskogee, Oklahoma.

Driving Directions: From Tahlequah, take US Hwy 62 west approximately 40 minutes to Muskogee. Left onto Main St (Business 62) in Muskogee, turn Left onto Okmulgee St. Spaulding Park will be on the right, at the intersection of East Side Blvd, go to the next street (short block) and turn Right on "K" Street. Proceed to graveled parking lot on your left to park. The Scout House is across the street.

Restrooms: Available, and pets are allowed on walk.

Route is rated: 1A and wheelchairs and strollers would have medium difficulty.

Special Programs Credit: Cities in Song, Doin' The Louisiana Purchase, Honoring Our Flag, Lady Liberty, Take a Walk In a City Park, Walk the USA-Street by Street, Walking the USA A-Z. A listing of which walk qualifies for special programs will be at the start/finish table.

Muskogee is known for "Okie from Muskogee" made famous by Merl Haggard. The route will take you by many historic homes and churches. Watch for the "Guitars" around town. 10k will have few inclines. This walk also qualifies for several retired special programs, such as Courthouses, Main Street, Artistic Heritage and Murals.

Contact: Teresa Arnold 918.355.5820 or arnoldtea@hotmail.com

Website: sites.google.com/site/tulsawalkingclub

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LADY LIBERTY SPRING FLING 8 EVENTS in 2 DAYS

Friday & Saturday
May 19-20, 2017
2 WALKS & 6 SWIMS

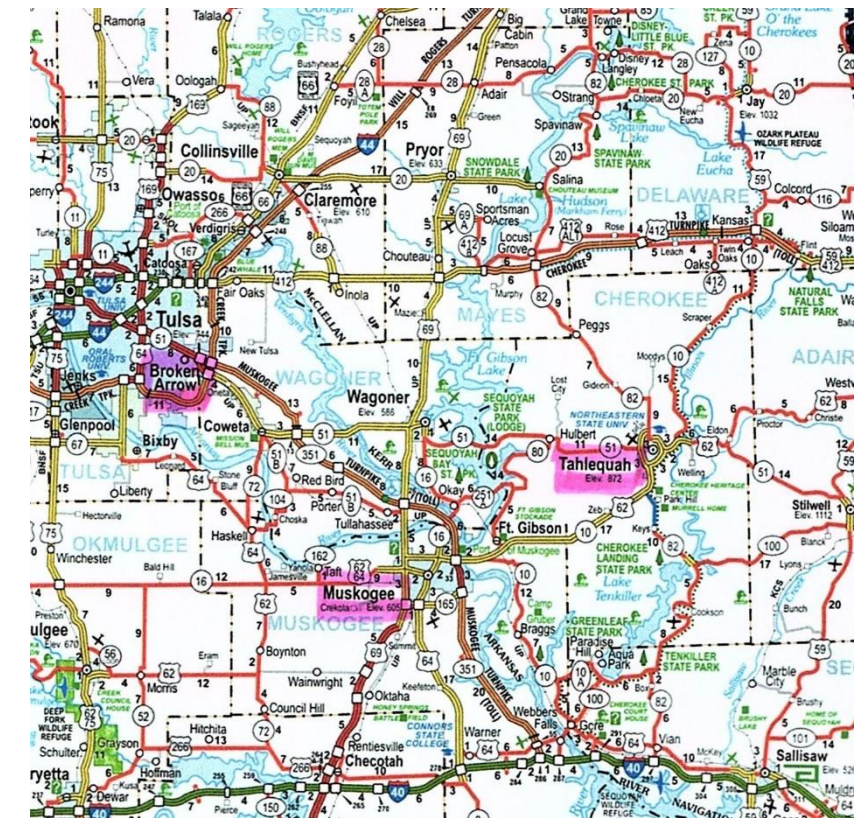
Each event is part of a multi-event weekend. On Saturday we are walking 2 counties in Northeastern Oklahoma.

TAHLEQUAH (Cherokee County)
MUSKOGEE (Muskogee County)
Come join us as we walk these historical locations.
Don't Miss the Fun!!

In addition, as part of this multi-event weekend, the World Wide Walkers will be hosting swim events. Three swim events have been sanctioned for both Friday and Saturday for a total of SIX event credits. All swim events are in Broken Arrow.

Contact names, phone numbers and email addresses are listed at the end of each event's notice in this flyer.

ELIGIBILITY: This event is open to the public and all are welcome to participate. This is an excellent activity for families. Children under age twelve must be accompanied by an adult.



PROCEDURE: All participants must obtain a start card at the registration (start/finish) point. Upon completing the walk, the walker surrenders the card and receives any award or IVV credit earned. Remember your IVV record books to record your credit. Record books are for sale at these events.

AWARDS AND FEES: "Credit only" is \$3.00. Some walks may have "B" awards and Walk T-shirts will be available.

DISCLAIMER: Sponsors of these events are not liable for accidents, thefts, and/or material damage. Every effort will be made to keep these events safe, enjoyable and memorable.

